

FOAM

In several dishes we use gluten free ingredients, but still cross contamination can't be ruled out

Healthy Oat Pancakes 14.5

Banana oat pancakes, rhubarb compote, coconut yoghurt, seasonal fruits and salted caramel - *gf ingredients*

Home made crumble 13

Gluten free buckwheat granola with rhubarb and apple - *gf ingredients*

Famous banana bread breakfast 11

Warm, home baked banana bread, with seasonal fruits and caramel sauce

Breakfast bagel 15.5

New york style bagel with scrambled tofu, tempeh bacon and pickled veggies

Summer FOAM Bowl 18

Green salad with tabouleh, red cabbage, eggplant, roasted tofu bites and avocado

Soup of the day 7.5 / 10.5

Let yourself be surprised with a fresh soup as a dish or as a side to your lunch - *gf possible*

ADD TO YOUR DISH

Some extra flavour? We got you

Tempeh bacon 2.5

Tofu scramble 5

Gochujang tofu bites 4

Green salad 4.5

Extra slice of bread 2

Gluten free bread 2

Eggplant 2.5

Pickled veggies 2

¼ Avocado 2.5

Small soup 6

Kimchi 3

All plant based menu
Allergies? Let us know!

SWEETS

All sweets are homebaked

Carrot Zucchini cake 5.5

Banana bread 4

Cowboy cookie 3.75

Fudgy miso brownie 4.5

Pecan pie (gf) 5.5

Home made crumble 5.5

Check out our sweet fridge
for experiments and
changing bakings

Burrito Bowl 18

Roasted sweet potato, quinoa salad with sweet corn, black beans.& paprika, avocado and scrambled tofu

Special of the week 16.5

Chefs choice, let us surprise you!

Avocado sandwich 13

Rye bread with a lemony fava bean spread, green salad, fresh avocado and dukkah - *gf possible*

BLTA 14

Flaguette with home made pesto, tomato, tempeh bacon and avocado - *gf possible*

Sabich 16.5

Pink hummus with roasted eggplant, tabouleh with pommegranate melasse in fresh pita - *gf possible*

Ribollita 17.5

A tuscan summer stew with veggies, beans and delicious herbs - *gf possible*

Bibim Guksu 18.5

A korean salad with buckwheat noodles, roasted gochujang tofu bites, kimchi and crispy fresh veggies

COFFEES

Americano	3.25
Espresso	3.25
Espresso macchiato	3.5
Doppio	4
Cappuccino	3.75
Large cappuccino	4.75
Cortado	3.5
Latte macchiato	3.8
Flat white	4.5

SPECIALS

Turmeric Latte	5.5
Chai latte	5.5
Matcha latte	5.5
Caramel latte	5.5
Hazelnut latte	5.5
Mocca	4.75
Apple to my chai	5.5
Gingerbread choco	4.75

TEAS

Black teas

Earl grey	3.75
Irish breakfast	3.75

Green teas

Cactus Fig	3.75
Jasmine Tea	3.75

Herbal teas

Breath easy	3.75
Fresh and fit	3.75
Camomille	3.75
Lemon and ginger	3.75

Special teas

Roasted Cacao husk	4.5
Immunity booster	4.5
Fresh ginger	4.5
Fresh mint	4.5

REFRESHMENTS

Orange juice	4.75
Pineapple popeye	5.5
Pineapple, coconut, spinach, cucumber & banana	
Berry bomb	5.5
Berries, banana & orange	
They don't carrot about us	5.5
Carrot, apple & ginger	
Home made lemonade	3.95
Homemade ginger ale	3.95
Homemade apple juice	3.25
Sparkling water	3.25 / 6
Del Sol Fermented Soda	5.5
+ Flavour	
Rudy's Kombucha	5.5
A series and chaging of flavours!	